



Nederlands Kampioenschap

50 km Snelwandelen Mannen - 10 km Snelwandelen Vrouwen

Tilburg - 4 oktober 2009



NK 50 kilometer

					5 km	10 km	15 km	20 km	25 km	30 km	35 km	40 km	45 km	50 km
1	Jean-Franck Vanoosthuysse	79	F	Ussel AC	28:08	54:59	1:21:26	1:48:12	2:14:58	2:42:16	3:09:22	3:37:06	4:05:30	4:34:21
2	1 Marcelino Sobczak	68	NL	Unitas	26:35	53:25	1:20:00	1:46:43	2:13:55	2:42:02	3:10:05	3:39:04	4:08:45	4:38:18
3	Jerome Caprice	83	MRI		30:40	1:00:12	1:28:40	1:57:11	2:25:40	2:54:16	3:23:45	3:55:06	4:26:10	4:57:41
4	2 Pedro Huntjens	67	NL	Unitas	28:16	56:18	1:24:39	1:53:20	2:22:46	2:53:20	3:25:32	3:58:58	4:33:35	5:07:52
5	3 Frank van der Gulik	77	NL	sv de LAT	30:00	1:00:03	1:28:55	1:58:15	2:28:28	2:59:41	3:32:00	4:04:20	4:36:23	5:09:42
6	4 Ronald Maas	87	NL	RWV	29:59	58:49	1:27:50	1:58:43	2:30:20	3:02:55	3:36:38	4:11:32	4:48:30	5:23:28
7	5 Frans Leijters	76	NL	RWV	31:13	1:02:03	1:33:13	2:04:42	2:36:30	3:09:40	3:43:40	4:19:11	4:57:01	5:35:19
8	6 Huib van Broekhoven	61	NL	RWV	32:07	1:04:23	1:36:48	2:09:21	2:42:35	3:16:10	3:50:47	4:25:27	5:01:18	5:36:46
9	7 Boetje Huliselan	55	NL	OLAT	32:17	1:04:39	1:37:07	2:10:16	2:44:15	3:18:50	3:55:00	4:30:33	5:06:41	5:42:50
10	8 Rob Frielink	46	NL	RWV	32:31	1:04:52	1:37:34	2:21:00	2:45:36	3:20:15	3:55:40	4:31:02	5:07:04	5:43:07
11	Gildan Legrand	47	F	AAEE Epernon	31:50	1:04:43	1:37:53	2:11:57	2:48:10	3:23:27	4:04:00	4:41:13	5:19:22	5:56:37
12	9 Fred Röhner	50	NL	Unitas	32:24	1:04:49	1:37:33	2:11:36	2:48:40	3:23:55	4:03:55	4:43:45	5:20:50	5:58:38
	Edmund Shillabeer	39	GBR	London Vidarians	31:13	1:01:54	1:33:30	2:04:01	2:36:15	3:09:27	3:42:50	4:17:13		Diskw.

30 kilometer

					5 km	10 km	15 km	20 km	25 km	30 km
1	Bernard Krabbendam	34	NL	sv de LAT	39:03	1:18:51	1:59:32	2:40:54	3:24:21	4:09:19
	Wilfried van Bremen	87	NL	RWV	28:46	57:46				DNF
	Wout van Wieringen	33	NL	RWV	39:37	1:19:17				DNF

20 kilometer

					5 km	10 km	15 km	20 km
1	Laurent Houze	74	F		24:46	50:13	1:16:31	1:42:55
2	Raphael Cosset	79	F	ACVA	24:21	48:54	1:14:51	1:43:01
3	Malte Strunk	73	D	Al Aachen	26:38	52:55	1:19:26	1:46:06
4	Jan Ruppert	65	D	Al Aachen	27:42	55:32	1:23:26	1:51:04
5	Marc Haumesser	58	F	ACVA	28:49	57:38	1:26:18	1:54:25
6	Bernard Masse	56	F		29:08	58:22	1:27:51	1:57:25
7	Jaap van Broekhoven	85	NL	RWV	29:13	58:29	1:28:05	1:57:42
8	Peter Schumm	42	D	Al Aachen	29:32	59:26	1:29:30	2:01:10
9	Dennis van Reeden	89	NL	OLAT	29:56	1:00:13	1:30:42	2:04:04
P1	Dirk-Jan Nieuwenhuizen	75	NL	DAK	28:56	58:46	1:30:15	2:04:20
10	Christian Halloy	44	B	SMAC	32:11	1:04:39	1:37:35	2:11:29
11	Nico Schroten	34	NL	RWV	33:50	1:08:38	1:43:58	2:19:49
P2	Ton de Jong	51	NL	OLAT	35:00	1:10:33	1:45:06	2:20:20
P3	Wim van Cappelle	55	NL	OLAT	35:15	1:10:30	1:45:31	2:21:40
12	Emmanuel Tardi	67	F	LP Longjumeau	33:15	1:07:13	1:43:28	2:22:15
13	Paul Koks	65	NL	Haag Atletiek	38:08	1:18:51	2:01:12	2:44:42

20km teams

Al.Aachen	5:38:20
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Snelwandeljury :

*Karin van Bremen,
Peter den Boer,
Henri Hammecher,*

= Nationaal Record

NK 10 kilometer

					5 km	10 km
1	Jacques van Bremen	84	NL	RWV	23:50	48:17
2	Harrold van Beek	62	NL	RWV	24:36	50:15
3	1 Liesbeth van Leeuwen	88	NL	av NOP	29:20	59:36
4	Marion Fuchs	60	D	Al Aachen	30:32	1:02:58
5	2 Marleen Radder	51	NL	RWV	31:21	1:04:24
6	Aad van Leeuwen	49	NL	av NOP	32:37	1:06:21
7	3 Sandra Maas	85	NL	RWV	33:07	1:07:22
8	Harry Bijnen	52	NL	DAK	34:36	1:07:39
9	4 Riet Jonkers	43	NL	Attila	33:17	1:08:34
10	5 Loes van den Beemt	86	NL	RWV	34:25	1:08:57
11	6 Yvonne Grootswagers	78	NL	DAK	34:24	1:09:27
P1	Klaas Bakker	37	NL	OLAT	35:31	1:10:45
12	7 Truus van Wijnen	60	NL	RWV	34:40	1:10:46
P2	Peter Slevogt	54	D	Al Aachen	35:35	1:10:47
13	8 Remke Rutgers	72	NL	SV de LAT	37:05	1:14:26
14	Alexandre Gangneux	79	F	EFC	43:39	1:17:50
15	9 Tilly van de Merwe	53	NL	Unitas	38:39	1:18:31
16	10 Carry Ombelet	71	NL	OLAT	39:19	1:18:54
17	11 Hermien Teske	49	NK	RWV	49:07	1:36:58

5 kilometer

					5 km
1	Bart Snoeren	69	NL	DAK	29:23
2	Robert van Bremen	82	NL	RWV	29:46
3	Liesbet De Smet	82	B	Duffel	32:24

3 kilometer

					3 km
1	Colin Versteeg	95	NL		19:13
2	Harry Seykens	44	NL	DAK	19:24
3	Arna Seykens	51	NL	DAK	22:55
4	Ria van Houten	45	NL	DAK	23:58

J / M 1 kilometer

					1 km	
1	J 1	Lucca Reuter	95	D	Burgbrohl	4:51
2	M1	Zoe Krischer	99	D	Burgbrohl	5:28
3	M2	Lara Bauer	97	D	Burgbrohl	6:00
4	J 2	Jordi Huntjens	95	NL	RWV	6:01
5	M3	Greta Reuter	97	D	Burgbrohl	6:24
6	M4	Michelle Koll	98	D	Burgbrohl	7:04
7	J 3	Lars Bauer	02	D	Burgbrohl	7:44
8	M5	Jeanine v/d Merwe	79	NL	Unitas	10:30
9	J 4	Bart Grootswagers	06	NL	HvB	25:22