



**10 km Heren**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Jacques van Bremen	84	RWV	<u>0:48:18</u>	0:46:25	<u>0:49:24</u>	0:46:57	<u>0:48:50</u>	0:45:30	2:18:52	0:46:17
2 Robert van Bremen	82	RWV	0:53:34	0:52:36	DNF	<u>0:55:14</u>	0:54:09	DNF	2:40:19	0:53:26
3 Ron Timmermans	82	RWV	0:57:35	0:58:04	<u>0:58:12</u>		0:55:33		2:51:12	0:57:04
4 Frans Leijts	76	RWV	<u>0:59:55</u>	0:58:56	0:59:42	0:59:31		<u>0:59:45</u>	2:58:09	0:59:23
5 Dennis van Reeden	89	OLAT		<u>1:11:10</u>	1:02:55	1:09:23	1:07:15		3:19:33	1:06:31

**10 km Heren Masters**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Victor Mennen	63	Unitas	0:49:54		0:49:27	<u>0:51:27</u>	0:49:24		2:28:45	0:49:35
2 Dirk Bogaert	58	Meetjesland	<u>0:51:17</u>	<u>0:51:16</u>	0:49:59	<u>0:50:21</u>	0:49:45	0:49:35	2:29:19	0:49:46
3 Richard Leijenaar	59	RWV	0:49:54	0:49:44			<u>0:51:04</u>	0:50:21	2:29:59	0:50:00
4 Marcelino Sobczak	68	Unitas	0:52:38		<u>0:53:30</u>	0:52:56	0:49:25	<u>0:55:42</u>	2:34:59	0:51:40
5 Pedro Huntjens	67	Unitas		0:52:31	0:52:17	<u>0:52:49</u>	0:52:27		2:37:15	0:52:25
6 Theo Koenis	51	sv de LAT	<u>0:57:47</u>	0:55:01	<u>0:56:28</u>	0:54:00	0:54:14		2:43:15	0:54:25
7 Hans van der Knaap	59	RWV	<u>0:58:05</u>	0:55:22	0:56:56	<u>0:57:41</u>	0:54:18	<u>0:56:57</u>	2:46:36	0:55:32
8 Boetje Huliselan	55	OLAT	<u>0:59:13</u>	0:58:10	<u>0:58:43</u>	0:58:12	<u>0:59:19</u>	0:57:06	2:53:28	0:57:49
9 Fred Röhner	50	Unitas	0:58:11	0:59:13	0:59:36			<u>1:01:13</u>	2:57:00	0:59:00
10 Alex Wijisman	48	sv de LAT		0:58:42		0:59:15		0:59:24	2:57:21	0:59:07
11 Dave Bindervoet	40	RWV	1:02:57	0:59:53	0:59:51				3:02:41	1:00:54
12 Gert Bakkers	70	DAK	<u>1:03:59</u>	1:02:42	1:02:03	<u>1:04:36</u>	1:02:24	<u>1:02:54</u>	3:07:09	1:02:23
13 Hans van Wakeren	49	Unitas			1:02:45		1:04:00	1:01:32	3:08:17	1:02:46
14 John Redeker	64	DAK	1:04:19			<u>1:07:45</u>	1:02:25	1:04:39	3:11:23	1:03:48
15 Willem van der Bijl	39	RWV	1:03:39		1:04:55	DNF		1:05:24	3:13:58	1:04:39
16 Ad Leermakers	51	DAK		1:05:36	<u>1:06:54</u>	1:06:53	1:05:33		3:18:02	1:06:01
17 Wim van Bremen	55	RWV	1:06:36	1:06:38	<u>1:08:40</u>	DNF	<u>1:08:30</u>	1:07:08	3:20:22	1:06:47
18 Theo Plate	48	RWV		1:07:16	<u>1:07:50</u>	1:06:52	1:07:30	diskw	3:21:38	1:07:13
19 Bas van Steenberghe	50	Atledo	<u>1:08:33</u>	1:06:42	1:08:01	<u>1:08:17</u>	1:07:35		3:22:18	1:07:26
20 Paul Koks	65	Unitas	<u>1:15:45</u>	<u>1:12:35</u>		1:12:25	1:11:30	1:08:49	3:32:44	1:10:55
21 Gerrit de Jong	42	Avantri	1:13:22	1:12:57		<u>1:16:30</u>	1:13:54	<u>1:14:32</u>	3:40:13	1:13:24
22 Bernard Krabbendam	34	sv de LAT	1:13:45	1:13:32		1:13:54		DNF	3:41:11	1:13:44
23 Wout van Wieringen	33	RWV	<u>1:18:54</u>	1:16:53	DNS	1:15:44	1:16:56	DNF	3:49:33	1:16:31

**10 km Dames Masters**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Marleen Radder	51	RWV	1:01:32		1:04:55			1:01:13	3:07:40	1:02:33
2 Truus van Wijnen	60	RWV	1:09:00	1:09:20		1:08:48			3:27:08	1:09:03
3 Coby Bunschoten	47	RWV		1:10:28	1:11:23		1:11:18		3:33:09	1:11:03

**10 km Meisjes C**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Sonja Arfman	94	OLAT	1:08:34	1:09:22			1:05:57		3:23:53	1:07:58

**5 km Dames**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Liesbet de Smet	82	Duffel	<u>0:32:18</u>		<u>0:32:44</u>	0:30:57	0:30:55	0:30:58	1:32:50	0:30:57
2 Sandra Maas	85	RWV	0:32:28		<u>0:32:55</u>	0:32:21	<u>0:34:33</u>	0:32:01	1:36:50	0:32:17
3 Loes van den Beemt	86	RWV	0:34:39	0:36:56		<u>0:36:59</u>	0:36:24		1:47:59	0:36:00
4 Carry Ombelet	71	OLAT				0:38:46	0:38:47	0:40:50	1:58:23	0:39:28

**5 km Dames Masters**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Coby Bunschoten	47	RWV	0:35:19			0:36:59		0:35:05	1:47:23	0:35:48
2 Tilly van de Merwe	53	Unitas	0:40:59	0:38:47	0:38:32			DNF	1:58:18	0:39:26
3 Hermien Teske	49	RWV	0:41:39	0:40:46		<u>0:41:39</u>	0:41:21	<u>0:41:45</u>	2:03:46	0:41:15

**5 km Heren**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Ronald Maas	87	RWV	<u>0:27:23</u>		0:26:41	0:24:41	0:25:39		1:17:01	0:25:40
2 Peter van Hove	81	Brabo	<u>0:31:40</u>	<u>0:30:49</u>	0:30:25		0:29:30	0:29:59	1:29:54	0:29:58

**5 km Heren Masters**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Ad van Oyen	44	av Weert	<u>0:31:03</u>		<u>0:30:49</u>	0:30:19	0:29:44	0:30:00	1:30:03	0:30:01
2 Pierre Gabriëls	44	Bree		0:30:49		0:30:12	DNF	0:30:28	1:31:29	0:30:30
3 Gerrit Riezebos	59	RWV	<u>0:31:25</u>	<u>0:31:06</u>	0:30:59	<u>0:32:01</u>	0:30:59	0:30:26	1:32:24	0:30:48
4 Klaas Bakker	37	OLAT	<u>0:32:36</u>	0:32:31	<u>0:32:48</u>	0:31:32	0:32:04		1:36:07	0:32:02
5 Paul Maas	56	RWV	0:32:22		0:32:55	<u>0:33:23</u>	0:32:39		1:37:56	0:32:39

**5 km Jongens C**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Sverre van Ginneken	93	Parthenon	0:34:44			0:34:41	0:33:09		1:42:34	0:34:11

**3 km Dames Masters**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Frieda Dewolf	43	Bree				0:20:06	0:19:39	0:19:26	0:59:11	0:19:44

**3 km Meisjes B**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Aletta Riezebos	92	RWV	0:24:06		0:23:02	0:24:00			1:11:08	0:23:43

**3 km Meisjes pupillen**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Eva Havermans	97	Brabo	0:21:50	0:21:14	0:22:09				1:05:13	0:21:44

**1 km Meisjes D**

			4-nov	18-nov	2-dec	6-jan	3-feb	2-Mrt	Totaal	Gem.
1 Mirelle Gerpot	95	RWV	0:06:54	0:06:30				0:06:44	0:20:08	0:06:43

Alleen de beste 3 prestaties tellen mee voor de einduitslag. Onderstreepte tijden tellen dus niet mee.

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