

			7-nov	21-nov	5-dec	9-jan	6-feb	6-Mrt	Totaal	Gem.
10 km vrouwen										
1	Marleen Radder	RWV	1:01:12	<u>1:01:16</u>	<u>1:01:42</u>	–	1:00:44	0:58:55	3:00:51	1:00:17
2	Liesbet DeSmet	Duffel	1:05:29	–	1:07:56	1:08:54	–	–	3:22:19	1:07:26
3	Loes van den Beemt	RWV	–	1:12:06	<u>1:12:22</u>	1:12:08	–	1:09:34	3:33:48	1:11:16
10 km mannen senioren										
1	Frank Buytaert	Olse	0:46:06	0:45:03	<u>0:47:48</u>	0:44:45	–	<u>0:47:34</u>	2:15:54	0:45:18
2	Pedro Huntjens	Unitas	<u>0:49:24</u>	<u>0:49:54</u>	0:48:53	0:49:21	0:48:31	–	2:26:45	0:48:55
3	Jacques van Bremen	RWV	<u>0:58:57</u>	<u>0:54:15</u>	0:53:10	0:50:43	0:49:16	–	2:33:09	0:51:03
4	Frank van der Gulik	sv De LAT	0:55:12	<u>0:59:05</u>	<u>0:56:00</u>	–	0:54:17	0:52:48	2:42:17	0:54:06
5	Marcel Bunschoten	sv De LAT	<u>1:00:08</u>	<u>0:57:19</u>	0:56:36	0:55:26	0:55:41	–	2:47:43	0:55:54
6	Robert van Bremen	RWV	0:58:57	0:57:19	0:54:27	–	–	–	2:50:43	0:56:54
7	Ronald Maas	RWV	0:57:37	0:57:01	–	0:58:16	–	–	2:52:54	0:57:38
8	Wilfried van Bremen	RWV	<u>1:02:02</u>	1:01:13	0:59:50	<u>1:05:37</u>	–	0:57:37	2:58:40	0:59:33
9	Julien Eken	RWV	<u>1:02:07</u>	–	–	1:01:43	0:59:18	0:57:40	2:58:41	0:59:34
10	Ron Timmermans	RWV	1:02:44	–	<u>1:04:13</u>	<u>1:03:49</u>	0:59:32	1:00:08	3:02:24	1:00:48
11	Frans Leijters	RWV	<u>1:03:28</u>	1:00:51	1:01:13	<u>1:01:52</u>	1:00:54	–	3:02:58	1:00:59
12	Paul Koks	Unitas	1:19:52	–	1:20:11	1:13:55	–	–	3:53:58	1:17:59
10 km mannen veteranen										
1	Dirk Bogaert	ACME	–	<u>0:50:52</u>	<u>0:50:13</u>	0:49:45	0:49:12	0:48:41	2:27:38	0:49:13
2	Luc Nicque	Volharding	<u>0:50:57</u>	0:50:28	–	–	0:48:57	0:50:30	2:29:55	0:49:58
3	Richard Leijenaar	RWV	0:51:02	0:50:45	0:50:24	<u>0:51:35</u>	–	–	2:32:11	0:50:44
4	Victor Mennen	Unitas	<u>0:54:57</u>	0:54:15	–	0:50:43	0:49:02	–	2:34:00	0:51:20
5	Kees Lambregts	OLAT	0:52:46	0:51:15	0:51:00	–	–	–	2:35:01	0:51:40
6	Theo Koenis	sv De LAT	<u>0:53:51</u>	<u>0:53:35</u>	0:53:15	–	0:52:18	0:50:34	2:36:07	0:52:02
7	Hans van der Knaap	RWV	–	–	<u>0:56:23</u>	0:54:15	0:52:23	0:52:41	2:39:19	0:53:06
8	Fred Röhner	Unitas	<u>1:00:08</u>	0:59:50	<u>0:59:51</u>	0:58:16	–	0:57:32	2:55:38	0:58:33
9	Alex Wijsman	sv De LAT	–	<u>1:00:40</u>	1:00:27	0:59:50	1:00:23	–	3:00:40	1:00:13
10	Boetje Huliselan	OLAT	<u>1:01:51</u>	<u>1:01:14</u>	1:00:19	0:59:53	<u>1:01:11</u>	1:00:53	3:01:05	1:00:22
11	Hans van Ginneken	Parthenon	<u>1:03:07</u>	1:01:58	<u>1:03:11</u>	–	1:00:32	0:58:50	3:01:20	1:00:27
12	Ad van Oyen	av Weert	<u>1:02:55</u>	–	1:02:27	1:02:15	1:01:44	–	3:06:26	1:02:09
13	Ad Leermakers	Attila	–	1:02:57	1:02:27	–	1:02:21	–	3:07:45	1:02:35
14	Hans van Wakeren	Unitas	–	–	<u>1:07:07</u>	1:06:30	1:04:29	1:02:09	3:13:08	1:04:23
15	Wil Botman	sv De LAT	<u>1:08:33</u>	1:06:36	1:05:10	–	–	1:05:50	3:17:36	1:05:52
16	Wim van Bremen	RWV	<u>1:08:05</u>	1:06:41	1:08:01	<u>1:09:02</u>	1:06:31	–	3:21:13	1:07:04
17	Theo Plate	RWV	<u>1:12:40</u>	<u>1:10:17</u>	1:09:50	1:08:59	<u>1:10:02</u>	1:07:13	3:26:02	1:08:41
18	Jan van Akelijen	RWV	–	1:10:48	1:10:08	1:10:50	–	–	3:31:46	1:10:35
19	Wout van Wieringen	RWV	–	<u>1:14:20</u>	1:12:25	1:11:07	1:11:08	–	3:34:40	1:11:33
5 km vrouwen										
1	Sandra Maas	RWV	–	<u>0:34:54</u>	<u>0:34:20</u>	0:33:17	0:32:49	0:31:28	1:37:34	0:32:31
2	Coby Bunschoten	RWV	<u>0:35:32</u>	0:35:01	0:34:41	<u>0:35:40</u>	<u>0:35:59</u>	0:34:21	1:44:03	0:34:41
3	Hermien Teske	RWV	–	<u>0:43:11</u>	<u>0:42:29</u>	0:41:49	0:41:26	0:40:24	2:03:39	0:41:13
5 km jongens A										
1	Ronald Maas	RWV	–	–	0:27:24	–	0:27:02	0:26:54	1:21:20	0:27:07
5 km mannen veteranen										
1	Klaas Bakker	OLAT	0:30:05	0:30:42	0:30:16	–	–	–	1:31:03	0:30:21
2	Paul Maas	RWV	–	–	<u>0:35:51</u>	0:35:33	0:34:35	0:34:00	1:44:08	0:34:43
3	Klaas Bunschoten	RWV	0:35:32	0:35:41	0:35:57	–	–	–	1:47:10	0:35:43
3 km meisjes C										
1	Alica Eken	RWV	<u>0:22:06</u>	<u>0:22:34</u>	–	0:22:03	0:20:57	0:20:25	1:03:25	0:21:08
3 km jongens C										
1	Tom van den Beemt	RWV	–	<u>0:22:36</u>	<u>0:22:24</u>	0:22:04	0:22:12	0:20:26	1:04:42	0:21:34
3 km vrouwen										
1	Jacqueline Huntjens	Unitas	0:28:01	0:26:41	–	0:26:25	–	–	1:21:07	0:27:02
1 km meisjes D										
1	Anya Koch	Rdam Atl.	0:06:11	–	<u>0:06:35</u>	0:06:20	–	0:05:59	0:18:30	0:06:10
1 km jongens D										
1	Sverre van Ginneken	Parthenon	<u>0:07:05</u>	0:06:56	<u>0:07:06</u>	–	0:06:50	0:06:30	0:20:16	0:06:45
2	Roald Huliselan	OLAT	<u>0:09:19</u>	0:07:05	–	<u>0:07:57</u>	0:07:02	0:07:42	0:21:49	0:07:16

Alleen de beste 3 prestaties tellen mee voor de einduitslag. Onderstreepte tijden tellen dus niet mee.

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