

Eindstand	RWV Winterserie 2009 - 2010	Kralingsebos Rotterdam
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10 km Heren

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Jacques van Bremen	84	RWV	0:46:57	0:46:23	<u>0:48:30</u>		0:45:53	<u>0:47:42</u>	2:19:13	0:46:24
2	Jaap van Broekhoven	85	RWV	<u>0:56:33</u>	<u>0:56:15</u>		0:55:59	0:53:42	0:52:52	2:42:33	0:54:11
3	Marcel Bunschoten	78	sv de LAT	<u>0:56:33</u>	0:56:28		0:55:57		0:56:16	2:48:41	0:56:14
4	Frans Leijtens	76	RWV		<u>0:59:49</u>		0:59:37	0:58:06	0:56:39	2:54:22	0:58:07
5	Wilfried van Bremen	87	RWV	1:00:12			0:57:41		0:59:34	2:57:27	0:59:09
6	Ron Timmermans	82	RWV	1:07:19	1:03:54		1:04:27			3:15:40	1:05:13

10 km Heren Masters

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Marcelino Sobczak	68	Unitas		<u>0:48:58</u>	0:48:36	<u>0:48:56</u>	0:48:20	0:47:42	2:24:38	0:48:13
2	Dirk Bogaert	58	Meetjesland		0:52:54	0:51:04		0:49:51		2:33:49	0:51:16
3	Theo Koenis	51	sv de LAT		<u>0:57:12</u>	0:55:23	0:54:58	0:53:38		2:43:59	0:54:40
4	Bart Snoeren	69	DAK	<u>0:58:38</u>	<u>0:56:59</u>	0:56:17		0:55:31	0:55:03	2:46:51	0:55:37
5	Hans van der Knaap	59	RWV	<u>0:57:13</u>	0:56:46		<u>0:56:48</u>	0:56:44	0:54:47	2:48:17	0:56:06
6	Huib van Broekhoven	61	RWV		1:00:13			0:59:58	1:00:00	3:00:11	1:00:04
7	Hans van Ginneken	60	Parthenon	0:59:34		1:01:16	1:00:50			3:01:40	1:00:33
8	Gerard Heunks	58	RWV		<u>1:04:33</u>	<u>1:02:07</u>	1:01:03	0:59:57	1:01:29	3:02:29	1:00:50
9	Hans van Wakeren	49	Unitas	1:03:55		1:03:15	1:03:10			3:10:20	1:03:27
10	Harry Bijnen	52	DAK	<u>1:07:38</u>	1:04:47	1:03:11			1:03:49	3:11:47	1:03:56
11	Fred Röhner	50	Unitas		1:04:49	1:05:27		<u>1:06:21</u>	1:03:02	3:13:18	1:04:26
12	Ad Leermakers	51	DAK		1:08:37	1:06:14	1:07:44			3:22:35	1:07:32
13	Paul Koks	65	Haag Atletiek		1:12:56		1:18:23		1:13:39	3:44:58	1:14:59
14	Wout van Wieringen	33	RWV	1:19:59		1:18:01		<u>1:21:08</u>	1:19:53	3:57:53	1:19:18

10 km Dames

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Loes van Bremen	86	RWV	1:11:05		1:15:32	1:13:28			3:40:05	1:13:22

10 km Dames Masters

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Marleen Radder	51	RWV	1:02:34	<u>1:05:30</u>		<u>1:02:51</u>	1:00:49	1:01:46	3:05:09	1:01:43

5 km Heren

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Peter Van Hove	81	ACHL	0:26:47	0:26:49		<u>0:29:46</u>	<u>0:28:41</u>	0:27:42	1:21:18	0:27:06

5 km Heren Masters

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Ad van Oijen	44	av Weert		0:31:24	0:31:21		0:30:33		1:33:18	0:31:06
2	Willem van der Bijl	39	RWV				0:32:43	0:31:38	0:31:39	1:36:00	0:32:00
3	Wim van Cappelle	55	OLAT		0:33:42		0:33:23	0:33:47		1:40:52	0:33:37

5 km Jongens C

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Colin Versteeg	95	RWV				0:29:52	0:28:26	0:28:28	1:26:46	0:28:55

5 km Dames

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Liesbet Desmet	82	Duffel	<u>0:32:56</u>		0:31:20	<u>0:32:43</u>	0:30:19	0:30:43	1:32:22	0:30:47
2	Loes van Bremen	86	RWV		0:33:49			0:33:35	0:33:50	1:41:14	0:33:45

5 km Dames Masters

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Truus van Wijnen	60	RWV	0:34:15	0:34:12	0:34:46	<u>0:36:54</u>			1:43:13	0:34:24
2	Coby Bunschoten	47	RWV	0:36:36	0:35:17	0:34:51				1:46:44	0:35:35
3	Carry Ombelet	71	OLAT	<u>0:39:30</u>	0:37:59	<u>0:39:05</u>	<u>0:38:26</u>	0:37:23	0:37:39	1:53:01	0:37:40
4	Hermien Teske	49	RWV	<u>0:46:51</u>	0:45:52	0:45:42	<u>0:46:41</u>	0:45:57	<u>0:47:40</u>	2:17:31	0:45:50

3 km Jongens C

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Colin Versteeg	95	RWV	0:17:28	0:17:06	0:16:25				0:50:59	0:17:00

3 km Dames

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Jeanine van de Merwe	79	Unitas		0:36:16	0:35:29		0:33:37		1:45:22	0:35:07

1 km Jongens Pupillen

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Tristan Van Hove	03		<u>0:09:16</u>	0:08:43		0:08:40	0:08:47	<u>0:09:14</u>	0:26:10	0:08:43

1 km Meisjes Pupillen

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Marjolein Schlüter	99	RWV		<u>0:07:14</u>	<u>0:07:03</u>	0:06:53	0:06:46	0:06:54	0:20:33	0:06:51

1 km Heren Masters

				1-Nov	15-Nov	6-Dec	3-Jan	7-Feb	7-Mar	Totaal	Gem.
1	Klaas Bunschoten	46	RWV		<u>0:07:18</u>	<u>0:07:14</u>	0:07:10	0:07:04	0:06:55	0:21:09	0:07:03

Aleen de beste 3 prestaties tellen mee voor de einduitslag. Onderstreepte tijden tellen dus niet mee.

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