

BK NK 50 kilometer

				5 km	10 km	15 km	20 km	25 km	30 km	35 km	40 km	45 km	50 km			
1	1	Maxime Lecaplain	94	FRA	USO	Mondeville	00:25:23	00:50:38	01:15:53	01:41:09	02:06:26	02:31:43	02:57:08	03:23:25	03:50:42	04:18:22
	2	Rick Liesting	77	NED	OLAT		00:26:01	00:51:50	01:18:32	01:44:24	02:10:12	02:36:55	03:07:37	03:38:05	04:10:40	04:44:39
	3	Mathieu Beurion	89	FRA	AC Paris-Joinville		00:28:58	00:57:16	01:25:36	01:53:53	02:22:21	02:50:51	03:21:36	03:52:53	04:25:51	04:57:12
2	4	Wilfried van Bremen	87	NED	RWV		00:30:00	01:00:09	01:29:47	01:59:10	02:28:41	02:58:57	03:29:27	04:02:05	04:36:06	05:11:14
	5	Anne van Andel	90	NED	DAK		00:31:23	01:02:27	01:33:30	02:04:54	02:36:42	03:09:04	03:42:07	04:17:15	04:53:51	05:30:11
3	6	Gerard Wildeman	62	NED	DAK		00:32:17	01:04:40	01:37:20	02:10:30	02:44:55	03:20:27	03:56:44	04:33:16	05:09:17	05:44:43
	7	Udo Münster	61	GER	ART Düsseldorf		00:33:18	01:05:42	01:38:43	02:12:22	02:46:48	03:22:07	03:57:47	04:34:09	05:09:30	05:45:13
1	x	Peter Van Hove	81	BEL	ACHL		00:34:01	01:08:14	01:42:42	02:17:27	02:52:01	03:27:17				DNF
	x	Ton van Andel	58	NED	RWV		00:32:14	01:04:45	01:37:59	02:14:07	02:51:46	03:31:53				DNF
	x	Rob Tersteeg	76	NED	RWV		00:26:01	00:51:52	01:18:32	01:45:47						DNF
	x	Andrea Tóth	71	HUN	BHSE		00:34:09	01:08:11	01:43:37							DNF

6 uur Prestatie

				5 km	10 km	15 km	20 km	25 km	30 km	35 km	40 km	45 km	Afstand / Tijd	
1	Paul Jansen	73	NED	RWV	00:34:32	01:07:32	01:38:51	02:10:03	02:42:30	03:15:31	03:50:03	04:25:45	(a)	53.136m / 6:00:14
2	Jack Bertrums	63	NED	RWV/OLAT	00:34:32	01:08:11	01:42:18	02:16:32	02:51:38	03:28:29	04:02:17	04:38:16	05:14:03	50.000m / 5:49:15
3	Dick van Peer	63	NED	Hart van Brabant	00:34:37	01:09:34	01:45:14	02:21:32	02:59:25	03:38:00	04:18:04	04:56:55	05:37:17	48.431m / 6:04:27
4	Bert Timmermans	56	NED	RWV	00:40:10	01:18:40	01:56:30	02:34:18	03:12:07	03:49:42	04:28:23	05:06:58	05:46:23	46.863m / 6:01:02
5	Martin Vos	69	NED	RWV / DAK	00:36:16	01:12:10	01:48:23	02:25:17	03:04:37	03:45:25	04:27:12	05:09:15	05:51:42	45.295m / 5:54:11
6	Corina Riezebos	65	NED	RWV	00:37:54	01:14:25	01:51:27	02:30:00	03:12:36	03:51:46	04:31:39	05:11:46	05:52:22	45.295m / 5:54:41
7	Adrie Romijn	50	NED	Vrijbuiters	00:39:12	01:18:59	01:59:45	02:40:50	03:23:03	04:05:02	04:47:03	05:28:27		43.727m / 5:59:31
8	Carla Lukken	68	NED	RWV	00:43:53	01:29:49	02:15:30	03:02:20	03:53:50	04:44:54	05:35:51			37.454m / 5:59:35
9	Marcel van Tulden	79	NED	OLAT	00:37:23	01:14:08	01:51:42	02:29:48	03:09:41	03:49:36				32.749m / 4:15:00
10	Jimmy Millard	59	NED	RWV	00:34:45	01:09:05	01:43:37	02:18:34	02:55:21					24.908m / 2:54:42

BK 20 kilometer

5 km 10 km 15 km 20 km

Nederlands Record

1	1	Remco de Bruin	64	NED	sv De LAT	00:25:14	00:50:50	01:17:22	01:43:35
	2	Malte Strunk	73	GER	Al.Achen	00:26:19	00:52:31	01:19:05	01:46:12
	3	Swaieh Meftah	75	FRA	USO Mondeville	00:25:07	00:51:03	01:18:23	01:48:27
1	4	Annelies Sarrazin	81	BEL	FLAC	00:29:58	01:00:42	01:30:25	01:59:49
	5	Malcolm Martin	55	GBR	Surrey Walking Club	00:29:58	01:00:42	01:31:27	02:02:52
2	6	Katrin Schusters	97	GER	Gerresheimer Turnverein	00:31:59	01:03:30	01:36:14	02:08:33
	7	Raphael Lemmens (P)	62	BEL		00:31:25	01:03:43	01:36:14	02:09:38
	8	Joost van der Plicht	48	NED	Atletico'73	00:35:30	01:09:58	01:45:05	02:22:36
	9	Joachim Bauer	49	GER	PSV Grün-Weiss Kassel	00:35:15	01:10:43	01:46:25	02:22:53
	10	Rob Frielink	46	NED	RWV	00:34:45	01:09:55	01:45:54	02:23:17
	11	Herman v Buggenum (P)	49	NED	OLAT	00:35:00	01:10:02	01:46:00	02:23:20
	12	Liesbet De Smet	82	BEL	DUFF	00:30:29	01:06:06	01:45:28	02:23:43
	13	Angela Martin	64	GBR	Surrey Walking Club	00:35:05	01:10:03	01:46:23	02:23:49
	14	Peter Slevogt	54	GER	Al.Achen	00:35:00	01:10:05	01:46:30	02:24:50
	15	Sandra de Graaff (P)	67	NED	RWV	00:36:53	01:13:54	01:51:56	02:28:57
3	16	Linda Vogelelaar (P)	68	NED	RWV	00:37:33	01:16:05	01:55:00	02:33:27
	17	Muriel Oger	64	BEL	SMAC	00:35:52	01:13:33	01:53:14	02:34:37
	18	Hans Pranger (P)	43	NED	RWV	00:38:45	01:17:48	01:56:23	02:34:42
	19	Anita Bakker	54	NED	RWV	00:40:20	01:23:52	02:06:53	02:50:55
	Christian Fillieux	55	BEL	CAF	00:36:56	01:13:50	01:51:22	DSQ	
	Francisco Reis	60	POR	Thames Valley Harriers	00:25:16	00:52:58		DNF	

(a) 50km = 5:38:02



Snelwandeljury:

Kor Zijlmans (NED/ chef)
Gerrit Riezebos (NED)
Truus van Wijnen (NED)
Frans Müller (NED)
Robert Hicketick (BEL)
Paul Horemans (BEL)

Technisch gedelegeerde Atletiekunie:

Hans-Peter Dries

NK 10 kilometer

5 km 10 km

1	1	Udo Schaeffer	50	GER	ASV Erfurt	00:28:38	00:58:58
	2	Hub Kaenen	59	NED	RWV	00:29:46	01:01:31
	3	Theo Koenis	51	NED	sv De LAT	00:30:49	01:02:27
	4	Peter Schumm	42	GER	Al.Achen	00:31:40	01:03:22
	5	Richard Maichin	46	GER	Al.Achen	00:31:44	01:03:27
	6	Bernd Affeln	50	GER	ASV Erfurt	00:32:29	01:05:02
	7	Marion Fuchs	60	GER	Al.Achen	00:33:42	01:06:53
	8	Fred Röhner	50	NED	Unitas	00:33:05	01:07:09
1	9	Loes van Bremen	86	NED	RWV	00:33:38	01:07:27
	10	Yvonne Grootswagers	78	NED	DAK	00:33:15	01:07:38
2	11	Jan de Vos (P)	54	NED	sv De LAT	00:35:20	01:11:03
	12	Annie van der Meer	47	NED	RWV	00:35:25	01:11:38
3	13	Bauke te Nijenhuis	35	NED	RWV	00:35:48	01:11:51
	14	Larissa Drogendijk	72	NED	RWV	00:35:48	01:12:08
	15	Harry Bijnen	52	NED	DAK	00:37:02	01:13:10
	16	Emmanuel Tardi	67	FRA	LP Longjumeau	00:36:36	01:13:32

5 kilometer

5 km

1	Timo Schusters	00	GER	Gerresheimer Turnv.	00:31:01
2	Tristan Van Hove	03	BEL	ACHL	00:33:27
	Liv Trick	03	GER	ASC Düsseldorf	DNF

3 kilometer

3 km

1	Jasper Van Hove	06	BEL	ACHL	00:22:09
2	Bart Grootswagers	06	NED	Hart van Brabant	00:23:50
3	Katrien Van Ammel	82	BEL	ACHL	00:26:38

1 kilometer

1 km

1	Robin Van Hove	10	BEL	ACHL	00:08:30
2	Marit van Bremen	13	NED	RWV	00:10:35